

# Millennials Menu

## Week 1

Day	Breakfast	Snack
Monday	French Toast sticks Apple sauce Milk	Pretzels 100% Juice
Tuesday	Cereal Raisins Milk	Goldfish crackers 100% Juice
Wednesday	Nutrigrain Bars Raisins Milk	Saltine crackers 100% Juice
Thursday	Pancakes w/ honey Apple sauce Milk	Cookies 100% Juice
Friday	Granola Bar Raisins Milk	Nacho Chips 100% Juice



## Week 2

Day	Breakfast	Snack
Monday	Pastry Raisins Milk	Cookies 100% Juice
Tuesday	Cereal Raisins Milk	Cheeze itz 100% Juice
Wednesday	Graham crackers Apple butter Milk	Pretzels 100% Juice
Thursday	Cereal bar Raisins Milk	Animal crackers 100% Juice
Friday	Strawberry Yogurt Milk or water	Gold fish 100% Juice

